

**Friday, October 10, 2025**

**Lunch Today: Pizza, Breadstick, Fruit, Vegetable, Milk**

- Congratulations to Steamer Volleyball on their wins over Polo last night. Good luck to Steamer Golf as they compete at Sectionals today. Good luck to Steamer Football as they compete against Southwestern Wisconsin tonight at home, game time 7 p.m.
- We are challenging you to a video contest, a TikTok dance that you create to The Monster Mash. Videos need to be shared to Mrs. Pepper no later than 3:00 on October 24th. A survey will come out the following week for voting with winners to be announced on Halloween. Remember--keep it school appropriate but have some fun and be creative. Good Luck!!
- Band and flag members are reminded to be here tonight for the football game by 5:45 pm for food and be dressed and ready to go by 6:15 pm.
- Thespians will have their October meeting on Tuesday, the 14th. Regular meeting will be held at 6:00 in the old gym, followed by Scary Stories Under the Stars afterward. Bring a chair or a blanket for when we head outside!
- Seniors, FAFSA Completion is now a required step to earn a high school diploma in the state of Illinois. The application officially opened a few weeks ago, and to have the best chance of securing funds, you should submit your application as soon as possible. A representative from Sauk Valley Community College will visit FHS next Wednesday, October 15th, at 5:00 PM to answer FAFSA-related questions and assist families in submitting their applications. We will meet in the LRC. Please plan to attend!
- As we wrap up the week of focusing on Asset 22 and Bullying Awareness Month, remember that engagement means more than just doing your homework. It means being part of a positive, respectful school community. When you choose to engage, you help create a space where bullying can't thrive. Let's finish the week strong—by working hard, standing up for one another, and showing kindness in every corner of our school.